

## Good morning members,

I hope to find you well. I apologize for my letter being late as it has been a busy week. This Monday I was able to take the day off of work to celebrate Martin Luther King Jr. Day, and was very busy yesterday. I hope you were able to celebrate on Monday as well. Today is also a special day, as we will be welcoming our new President of the United States into office. This is a big day for our country, and for the world. I am looking forward to 2021, and I hope that we can all find peace and unity, and put COVID-19 behind us. I hope that everyone is able to go back to work, and back to seeing each other as soon as possible. I cannot wait until I can give my friends and family a hug again. I also hope that kids will all be able to go back to school, and that high school seniors will be able to experience and celebrate a normal graduation.

In the meantime we will need to continue to stay strong, and make the best out of what we have. We only get one chance at life, and right now this happens to be a part of it. We need to be thankful for every day that we are on this earth. So far this year I have been making strides towards a healthier and happier lifestyle. I encourage you to do the same! Last year was a very difficult year for most people, including myself. I lost 4 people that were close to me, and have had quite the obstacles to overcome. I regret to inform you that Dolores, who is an advocate of the state, lost her son Albert last week Thursday. Dolores advocated for her son for good healthcare, and good care all the way around. He will truly be missed. Please keep her family in your thoughts and prayers. It is very difficult to lose people close to you, and I will need my time to grieve. This news put me over the edge a bit, but I will find a way to pick myself back up, and get back to my spunky self. I hope that you are all okay, and have not had to go through anything traumatic lately. Please know that you are all in my prayers, and that I will always be there for you. Life is not always easy, but we must persevere.

As for COVID-19, numbers are currently going down. If you are concerned about getting the vaccination, please just be patient. If you are over 65 years old you can get it right away, though I recommend calling your doctor first and making sure that it is right for you. You can also call your IRIS Care Worker, Family Care Worker, or your pharmacy with any questions you may have. If you need any additional help, or even just someone to talk to, please do not hesitate to call. I thank you for reading my letter, and I wish you all a blessed week.

You can call my cell phone @ 414-852-6462 8:00am - 5:00pm, Monday - Thursday. If I am unable to take your call I will call you back. You can reach the cope hotline @ 1(262)-377-2673.

Sincerely,

Cindy Bentley
Executive Director
People First Wisconsin