



See Our ~~ds~~Ability

November 23,2020

Good morning members,

I hope you had a good week, and a lovely weekend. The weather was a little cold, but nothing too bad! Over the weekend I was able to get some projects done around my house, went through some magazines, and worked on finding some resources for you this Holiday. I also watched some Hallmark movies, took good care of myself, and ate some good food.

With Thanksgiving coming up, **I recommend staying close to home, avoiding social gatherings, or being around people you do not live with.** I am hoping that by Christmas this will change. I recommend not traveling at all, but if you have to just please be safe. I am deciding to stay home for Thanksgiving this year, and will be eating with my family over Zoom. I believe it is important to set a good example for my members, and the people I care about.

I know this year has not been easy for anyone, and it is going to continue to be difficult, but I would like to make it safely to 2021 with you. Please **remember to keep your house clean, your hands washed, and to make good choices.** If you are not able to get together with your family this Holiday, I recommend trying Zoom out. Zoom is a great way to stay safe and connected at the same time. If you have any trouble feeding yourself this Holiday, here are some resources that can help.

Every year, the **Salvation Army partners with Les Schwab to give away hundreds of turkeys.** This year, they will be handing out 400 turkeys to families in need on **Tuesday, November 24th.** There is also a **pizza place called "River West" in Milwaukee on 932 E Wright St.** that is giving out **free turkey dinners from 11:00am - 4:00pm on Thanksgiving.** If you have a computer you can go on the internet and see where else they are giving out free turkey meals.

I just hope that everybody is able to eat well, and enjoy their holiday. If you are in need of food in Milwaukee, they also have the **Milwaukee Hunger Task Force-or search for food pantries in your area. Whatever you do, do not go hungry!!**

If you are feeling down during these times, please reach out to **the Cope line** posted below, or the **1-800 Suicide Hotline**. Cope line posted below, or the 1-800 Suicide Hotline. If you are going through anything serious, please do not hesitate to reach out to me, and I will do my best to get back to you this Holiday. I would like to wish each and every one of you a great week, and a blessed Thanksgiving. Do something special for yourself or for another, and remember that you cannot love anyone else if you do not love yourself.

You can call my cell phone @ 414-852-6462 8:00am - 7:00pm Monday through Friday. If I am unable to take your call, I will call you back. You can reach the **Cope Hotline @ 1(262)-377-2673**.

Sincerely,

Cindy Bentley  
Executive Director  
People First Wisconsin